

# Period 7 Press

## Special points of interest:

- New teachers/students
- New Principal
- Spiritual Life Day
- Grandparents Day
- Fall Sports Stats
- See You At the Pole
- Worship Team
- Officers
- Swope Travels
- Lunch Survey Results

## BUZZING WITH EXCITEMENT

On Wednesday, September 14th, all 6th-7th grade classes entered The Commons to start a tremendous and exciting Spiritual Life day. The students jumped right into singing and dancing to Matt Hamilton's worship tunes. Pastor Jeremy Nehf from Heritage Church came to preach about our theme "defy...love does" from 1 Peter 4:8. After Pastor Nehf's sermon, students got in line for delicious ice cream sandwiches, and headed outside... that's when things got interesting and dangerous! As some students approached the bark, they noticed some

wasps in the area. Before they knew it, they were being swarmed by an underground wasp colony! The pests started to attack, stinging people multiple times, causing a small panic! During all the chaos, the teachers managed to get the students back inside and treat the ones with stings. When things died down the students went back to their homerooms to work on posters about the year's theme. In spite of the wasp attack, the students were able to focus on their art, and what mattered the most—God's Word!

By Troy Gilbert

## KICKING THE YEAR OFF "WITH LOVE"

On Wednesday, September 14, not knowing what was in store, seventy-six eighth graders piled into two buses for the Spiritual Life Day retreat at Trail Christian Fellowship. On arrival, many of the students were in awe of the beautiful and BIG facility! Mrs. Kucera started the event by involving the students in energetic worship and encouraged students to "get their groove on" to songs like "The B-I-B-L-E" with hand motions. The worship team joined in leading more songs like "Good, good Father".

After group worship, Pastor Ben Courson of Applegate Fellowship was "on fire" with a message about hope and love. Using laughter, sincerity, and dozens of Bible verses, Pastor Courson spoke of God as our "Abba" ("daddy" in Arabic) that would ALWAYS be there for His children. Pastor Ben finished his talk with a flood of Bible verses and a video on Hope, calling everyone to live the ASB verse from 1 Peter 4:8, "Above all, love each other deeply, because love covers a multitude of sins."

The students then moved to the field where two games were set up to help 8th graders show what

they had learned from Pastor Courson. It was a real test to work in step for students tied together for "Caterpillar", and to trust someone while blindfolded for the "Blind Bucket". Fun and frustration, jumping and falling, success and failure were all rolled into two competitions.

The starving 8th graders welcomed the call to lunch with ice cream for dessert! After one more round of games, everyone enjoyed free time on the church playground. The happy students played enthusiastically on the swings, seesaw, merry-go-round and other "be-a-kid-again" pieces of equipment.

Too soon it was time to get on the buses to return to Cascade so the football team would not be late for their game. The students who remained shared the "AfterGlow" in the gym as many offered praise for those who helped create the Spiritual Life activities, complimented classmates who demonstrated Christ-like love that day, and thanked God Himself for being our "Abba". Spiritual Foundation Day was a beautiful day full of faith, hope, love... and lots of FUN!

By the Period7Press Staff

## Did we "See You At the Pole"?

See You at the Pole is an event that has been happening since 1991(News Max)! This year's event took place on Wednesday September 28th. Miss Swope's 8th grade Leadership Team helped prepared for the event which started at 7:30am and lasted until 7:50am.

The 8th grade Leadership Team advertised the event by writing

on windows throughout the middle school. Donnic Lew- is, Elsa Billingsly, and Nathan Spurlock also talked about SYATP at the beginning of chapel the Thursday before. The high schoolers also advertised SYATP over the intercom and eventually lead at the event itself.

The purpose of SYATP is to,

"Pray for our generation to seek God," according to Leadership Team member Elsa Billingsly. The middle schoolers were trying to set an example for their classmates. Elsa added, "This event is important because our generation will provide the next leaders for our nation." *Romans 12:2 Do not conform to the pattern of the world but be transformed by*

*the renewing of your mind.*

"Its really cool to have the school gather together and pray as one," said the Leadership Team. See You at the Pole is a meaningful event for many people. CCMS is blessed to have students who want to participate in this great event!

By Brooklynn Atkinson and Colton Ewald

## MRS. MCMAHAN—PERFECT RECIPE FOR A PRINCIPAL

Our beloved principal Mrs. McMahan, has been teaching for many years, but being a principal has become most enjoyable to her. As she explains, she gets to teach every- body, not just one class.

Mrs. McMahan's career started at Prospect School Dis- trict's fourth grade class where she taught English. That was twenty-seven years ago, and she hopes to continue in edu- cation for many years more.

About the move to Cascade, Mrs. McMahan said, "I love it

way more than I thought I would. It is a God-given gift." She loves how big and new everything is. She misses the little ones (kids) at Grace, but she's glad she moved.

Mrs. McMahan loves her teachers and students. She loves her teachers because they are her brothers and sis- ters in Christ, and she loves how they love their students. As for students, she loves them for their humor, their love of the Lord, and the way they show their love to Mrs.

McMahan herself.

Mrs. McMahan has been a Christian for more than half her life. She grew up at a church in Chicago that told her being good would get her to heaven. When she was four- teen she moved to Oregon where a young girl told her how only Jesus' sacrifice could get her to heaven.

Outside of school, Mrs. McMahan does many things. She loves camping and spend- ing time with her granddaugh- ters, Matilda Clair and Jillian

Diane. She also enjoys being with her husband, Doug. This summer Matilda Clair asked Jesus into her heart because she wants to be with her "Nan" in heaven, and that made Mrs. McMahan's summer.

Mrs. McMahan's favorite quote is, "Treat others the way you want to be treated." This biblical thought has helped her through all her years of teach- ing. We hope she will be with us for many more years!

By Madi Cate

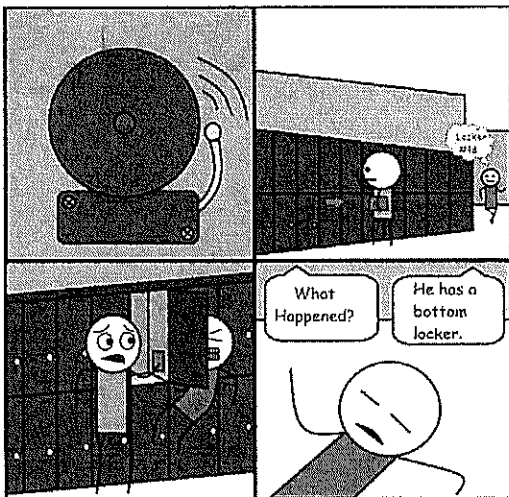
# THE MUSICAL MRS. KUCERA

Mrs. Kucera has been into music most of her life. At the age of two she started singing in church. When she got older, she began singing in choirs, and she lead a few children's choirs before directing our own middle school choir. Mrs. Kucera started at Grace when she enrolled her twin daughters (currently sophomores at CCHS). That was three years ago, and now she's leading nearly all the singing at Grace and Cascade. Before

Mrs. Kucera came over to the Cascade campus, Mr. Teterud and Mrs. McMahan had a tug-o-war over her. Mrs. Kucera felt that it was a humbling opportunity to share the things the Lord has laid on her heart on both campuses. Worship has influenced Mrs. Kucera in so many ways. It reminds her "that the awesome God we serve is in everything we say and do." She feels as though music can fill us when other things can't. Her favorite

worship song is "I am not Alone" by Kari Jobe. This song helps her because no matter what the situation, the words reinforce that God goes before us and never leaves us. Being a worship leader has strengthened her faith. It gives her the opportunity to be a vessel by leading other people into a place where they can sit at the feet of Jesus and feel a peace only He can give. Mrs. Kucera's goal for choir this year is to give an oppor-

tunity to sing to everyone who desires to worship. It is so exciting for her to watch her students grow in ways they didn't know they could. Mrs. Kucera remains inspired, "knowing the enemy doesn't want us to worship and trust Jesus. I will continue to hold music up as a shield to block Satan's fiery darts!"  
By Katelyn Savino and Madi Cate



The new lockers presented the same old challenge—not getting hit—and some new challenges, like combinations for everyone didn't work! Art by Rogue Atkinson

## PUTTING THE HEART IN WORSHIP

The 2016/17 Cascade Middle School Worship team consists of eleven eager musicians/singers who put in a lot of effort into it. On the stage and in team rehearsals, they get to play wonderful music that glorifies God.

The auditions took place at the end of the school year. Around 15 people tried out, but only nine made it, and they found out the last day of school. With the addition of two new kids this year, Worship Team now has eleven members.

Sept. 7, 2016 was the first day the Worship Team met. This practice was mostly introduction, but the next two

days were all about rehearsing for their appearance at Spiritual Life Day on Sept. 14. The following Thursday, the Worship Team played for Chapel with Mrs. Kucera's husband, Dan Kucera, and that was well prepared.

In summary, Mrs. Kucera's hope for this year's Worship Team is "to watch this group of kids use their talents and gifts to lead others into the presence of Jesus. Watching them grow and take the lead becoming the next generation of worship leaders is such a privilege!"

By Madi Cate and Katelyn Savino

## FALL OFFICER ELECTIONS

On October 4th, during seventh period, the 7th and 8th grade classes went into The Commons for the candidate speeches. Seven 7th graders spoke and then fourteen 8th graders spoke. There was barely enough time to get through all the speeches, but the last speech ended when the bell rang.

Speeches ranged from serious to humorous, yet all the candidates promised to do their best for their peers - to show integrity, fairness, and a servants heart as they lead their class. Ideas for fun activities and fund raisers were shared. It was obvious that everyone cared about their classes and the chance to do good things

for CCMS. The officers promises included: making a wall of love, building trust, directing the school on the right path, being "an angel with skin on", making a year to remember, and fulfilling a God-called opportunity.

The next day, the 7th graders voted in homerooms while the 8th graders voted in science. The 6th graders had voted the day before. The officers chosen were: 6th - Jake Mason, Richard Snell, and Bella Williams; 7th -Cody Reece, Ali Modrell, and Alyssa Brown; 8th - Tanner Holmes, Grant Cannon, and Amelia Croy.

By Madi Cate

## A WINNING COMBINATION

Mr. Mike Mayben , the middle school football coach, is now the newest 8th grade Bible teacher! Mr. Mayben's favorite thing about teaching is working with young people. He also has goals for Bible this year like "making sure everyone grows in the grace and knowledge of Christ."

Mr. Mayben also loves football and enjoys coaching it. His favorite part of coaching is working with the players, seeing them grow in ability and watching them succeed. He also said that "Having a good player-to-coach relationship is everything. Why be on a team if you're not going to have a good player -to-coach relationship?"

Mr. Mayben came to the Grace Christian Football program after the high school coach Jon Gettman gave him a call when the old middle school coach retired. Coach Gettman said they wanted Mr. Mayben to unify the Middle School and High School football teams.

After coaching for two years, Mr. Mayben moved to CCMS with the team , then Mr. Mayben was asked to be the Bible teacher. Like football, Mr. Mayben's goal for Bible is to have a good relationship with his students, he said "To have a good relationship you need a mutual respect and love for one another ." It's easy to respect Mr. Mayben.

By Sam Martin

## A REALLY "GRAND" RELATIONSHIP

As all the special guests joined the middle school for chapel, they were blessed by the Holy Spirit. The worship team brought all the grandparents and grandchildren together with songs that showed everyone just how great our God is. Pastor Mayben then shared a message about how important a

grandparent and grandchild relationship can be and how having God in that relationship can build each other up. A special treat was given to the guests by Ryan Stewart and Katelyn Savino playing "The Mission/How Great Thou Art" on keyboard and violin. It was amazing!

On that rainy day, teachers let all the students go outside for their usual break while the grandparents and special guests went downstairs for refreshments. After that, grandparents rejoined their grandkids back upstairs to see what classes are like these days. From Algebra to ELA, History to Bible the

special guests got to experience "old subjects" in a new setting. One very special guest who also serves on the Board of Trustees, Mrs. Debra Cate, said "I really enjoyed the Student Ministry and visiting Madi's class."

By the Period7Press staff

## FROM STUDENT TO TEACHER

Three new teachers joined the ranks at CCMS this year. Mr. Mayben, Mrs. Kucera, and Mr. Sha.

While it's his first time teaching, Mr. Sha is no new face around Cascade and definitely not a new name to most. He has gone to the Grace Cascade schools K-12. Both "Senior" Mr. Sha and Mrs. Sha, his parents, have been teachers at Grace for a very long time and have taught multiple grades.

About five years ago, Mr. Sha decided he wanted to be a teacher while working at a church. He was leading an after school program and fell in love with teaching and working with kids. This was the beginning of his teaching career.

Mr. Sha is very happy to be at Cascade Christian Middle School. "The staff are amazing! They're very supportive

and helpful if I need help with what I'm doing", Mr. Sha said. He emphasized that praying anytime and giving out to the Lord is a really big blessing. He missed these freedoms while teacher training at a public school.

When Mr. Sha isn't teaching, he loves to be active. Trail running, biking, team sports, and watching sports are some of his favorite activities, as well as reading.

Mr. Sha is a godly man coming from a godly family. When he was five years old he heard a message at church about Christ. When he got home, he started questioning what it was about. Mr. Sha and his dad spent some time talking about God and praying to Him. Now, Bible is his favorite class to teach. CCMS is very lucky to have Mychal Sha!

By Katelyn Savino

## NEW KIDS, NEW FRIENDS

Which "new kid" said the following (names up-sid-down at the end of this article):

1. Came to Cascade because he wanted to get a better education and wanted to see old friends
2. Has been in many schools because his dad was in the army
3. Came to Cascade from Eagle Point middle school
4. Favorite subject is choir
5. Favorite instrument is piano
6. Plays violin
7. Came from Mollala middle school
8. Favorite class is geography
9. Likes how everything is in one hallway
10. Bronco fan

11. Went to grace for five years, then was homeschooled

12. Says chapel is a blessing

13. Is happy to express her feeling about God, and likes guest speakers for chapel

14. Goes both to Cascade and is homeschooled

The new sixth graders' names are - Jade West, Maile Scaglione, Shir Kumar, Liam Benade, Ashton Lofton, Cole Schuffer, Zach Fauth, Alyssa Hesse, Trey Newmann, Wyatt Rainey, and Ryland Fox.  
By Thad Hamilton and Sam Martin

ANSWERS: 1. Jacob Schmidt  
2. Cody Havnhear 3. Dominic Lewis 4. Addison Fries 5. Ryan Stewart 6. Katelyn Savino 7. Colton Ewald 8. Richard Colton Ewald 9. Thad Hamilton 10. Zomes 11. Thad Hamilton 12. Bella Lucia 11. Elsie Bryant 12. Emily Knight 13. Noelle Lucia 14. Gavin Listro.

## MISS SWOPE STAYS CLOSER TO HOME

Our own Miss Swope goes to a lot of places outside the United States every summer, but this summer she stayed in the United States. This summer she went to the Smokey Mountains in Tennessee and North Carolina, the Badlands of South Dakota, the Grand Tetons, and Devil's Tower in Wyoming and Iowa.

When asked what was the most interesting place she's ever been, Miss Swope said, "I cant decide between living in Israel

and riding horses in Mongolia." Miss Swope added, "One of the coolest sights I have seen is the Genghis Kahn Monument in Mongolia." The Genghis Kahn statue is 131 feet tall and is made of stainless steel. The statue is of Genghis Kahn riding horseback overlooking part of Mongolia.

Miss Swope always brings back souvenirs but she says, "The most interesting thing I have brought back is a fish hook from Iceland." The reason

she thought this was best because she was just walking and saw these guys making the fish hooks and then they asked if she wanted one.

Traveling is not always easy. The most difficult thing about it can be, "knowing what clothing to bring on the trip." Eating is always part of the adventure too. What is the most strange thing Miss Swope has eaten in her travels? She answered, "I haven't really eaten many strange things, but the strangest

thing was squid with legs still on it."

So what does Miss Swope want her students to know about traveling? She says, "Realize that it's possible!" And the very best thing about traveling is it helps one's relationship with God. Miss Swope said, "When you are traveling you can always feel his presence!"

By Colton Ewald

## MOM-STERS ON CAMPUS

CCMS has three sets of teachers with children attending the same school—sometimes in the very same class! How does having your own child/parent be at school with you every day work out?

Mrs. Moir has taught her son Landon for many years. She homeschooled him in second, third and fifth grades. Mrs. Moir taught Landon at Grace two years ago and is now teaching him Honors English at CCHS. She likes having Landon in class to get "inside feedback" she said. They both enjoy having each other around because they have such a strong bond. Landon said "I treat her like any other teacher, but I have trouble deciding whether to call her Mom or Mrs. Moir." Mrs. Moir also

informed us that she's harder on Landon than other kids to avoid favoritism and "I know he's capable of great things." Overall, sharing school has been a good thing.

Mrs. Wegner and Katelyn Wegner have been at the same school for ten years even though Mrs. Wegner taught seven years before Katelyn joined. They both really enjoy it because they get to see each other frequently and are able to help each other out. There are a couple drawbacks though. "She likes to eat my candy." says Mrs. Wegner, "And Katelyn's had to accept that the classroom isn't hers!" On Katelyn's side, she has to wait for her mom after school, but that does give her an opportunity to meet other teacher's

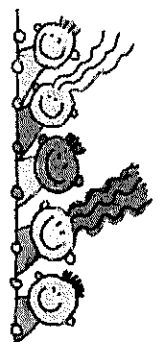
kids. Over all they both agree that it is a fun thing to go to school together.

Mrs. Miller shares school with MANY of her children. Titus and Jonah attend CCMS. Avery and Macy, her two daughters go to GCS and her oldest son Cody goes to CCHS. It's difficult for Mrs. Miller having Macy and Avery at the other building.

Mrs. Miller is going into her second year of teaching math at Cascade. She has been a teacher for about sixteen years. Titus came to the school in 2014 and Jonah in 2015. Both Jonah and Titus enjoy Mrs. Miller as their teacher. Mrs. Miller loves knowing her sons' friends and teachers. "Getting food" is Jonah's favorite part of having his mom as a teach-

er. Both Titus and Mrs. Miller enjoy looking out the windows. Mrs. Miller says it reminds her of Psalm 121:1-2 "I lift up my eyes to the hills—where does my help come from? My help comes from the Lord, the maker of the heavens and earth."

By Sam Martin, Troy Gilbert, Brooklynn Atkinson and Madi Cate.



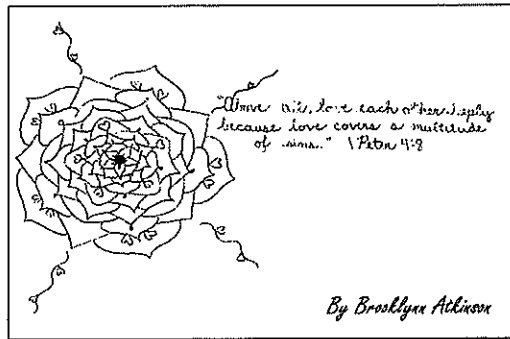
# Sports, Art, and Entertainment

## MISSION TO CAMBODIA

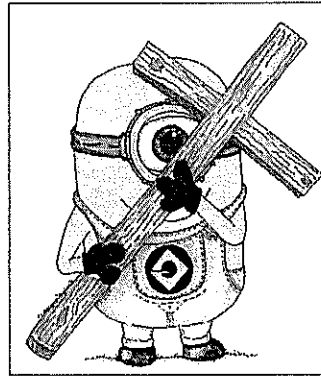
This summer our very own Hannah Stanfield traveled to Takeo, Cambodia for a mission trip. The trip was composed of "loving, welcoming people, and visiting beautiful attractions." After flying from Portland to South Korea to Cambodia, Hannah traveled with her church to teach young children English and the love of Christ. The weather was "hot and humid." Cambodia doesn't have stores in buildings like we do, they have outdoor markets where merchants are constantly begging you to buy. One lady even grabbed Mr. Stanfield's arm, pulling him back into her market. Hannah thought the people

seemed a lot kinder and more hard working than back home. Hannah and the team stayed in various hotels, all beautiful. Their meals were usually rice, eggs and bread for breakfast, PB&Js for lunch and rice, chicken, pineapple and ramen for dinner. Hannah says she would love to go back if she had the opportunity. "The friendships, the love and the Word" are the things that Hannah enjoyed most on her mission.

By Brooklyn Atkinson and Hannah Krug



By Brooklyn Atkinson



By Sarah Martin

## Popular Pizza Toppings

L	C	T	O	E	I	S	S	C	U	T	S	N	S	SPINACH
C	O	N	N	R	I	C	O	T	A	A	M	I	A	CILANTRO
S	A	A	O	S	G	A	E	N	U	N	U	N	V	BEEF
C	A	L	C	L	P	I	A	S	O	O	S	C	O	ZUCCHINI
T	U	P	A	M	O	E	A	H	R	O	H	I	C	SAUSAGE
H	B	G	B	B	L	G	A	O	U	R	R	N	A	SALAMI
O	T	G	A	S	E	O	E	N	O	N	O	I	D	AVOCADO
N	T	E	U	O	N	E	B	A	U	U	O	H	O	LOBSTER
S	P	I	N	A	C	H	F	S	A	T	M	C	S	BACON
T	R	C	H	I	C	K	E	N	T	C	S	C	U	EGGPLANT
O	T	T	I	U	C	S	O	R	P	E	I	U	P	ONIONS
S	U	N	O	S	A	L	A	M	I	P	R	Z	U	MUSHROOMS
T	A	P	I	N	C	I	L	A	N	T	R	O	H	CHICKEN
T	G	N	S	S	S	N	O	I	N	O	M	C	H	PEANUTS
														RICOTA
														PROSCIUTTO

## FALL SPORT STATS

Three CCMS sports competed this fall: Cross Country, Volleyball, and Football. Many thanks to Coach Downs, Coach Willard, Coach Newmann, Coach Mayben and their staffs for helping us to compete! Here are the stats:  
By Thad Hamilton, Sam Martin, Katelyn Savino.

<b>Cross Country:</b> Sep 15 Bear Creek Invitational: Boys 2nd place; girls 4th place out of 5 schools. **Sep 16 SOMSAC Boys 3rd place; girls not compete (injuries) out of 6 schools. **Oct 4 SOMSAC Pre-District Run Boys placed 8th and girls placed 6th out of 22 teams! **Oct 13 St. Mary's Run Boys placed 2nd and girls placed 3rd out of 5 teams. **Oct 25th District: Boys Varsity placed	6th and girls JV placed 4th. <b>Varsity Volleyball:</b> 9-14-16 vs Talent: 8th won 2-1; 7th won 2-1 9-19-16 vs N Grants Pass MS 8th won 3-0; 7th lost 0-3 9-22-16 vs Hedrick 8th won 2-1; 7th lost 0-3 9-26-16 vs Ashland 8th lost 1-2; 7th lost 1-2 9-28-16 vs White Mountain 8th won 3-0; 7th won 2-1 10-3-16 vs 8th vs Lincoln Savage 1-2 7th vs Butte Falls 3-0 10-4-16 vs	<b>Hedrick</b> 8th won 2-1 7th lost 0-3 10-10 vs South Grants Pass 8th won 3-0 7th lost 1-2 10-12 vs Fleming 8th won 3-0 7th won 3-0 10-17 vs Ruch 8th won 3-0 7th won 3-0 10-19 8th vs Scenic 3-0 7th vs Prospect 1-2	<b>Football:</b> 9-14 vs Fleming 58-0 9-21 vs Talent 52-8 9-28 vs White M 56-6 10-5 vs McGI 52-22 10-12 vs Ashland 6-0 10-19 vs Lorna Byrne 42-0 10-26 vs St Mary's 26-14
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**JV Volleyball:** Scores were unavailable by press time, JVers were praised for representing the Lord well at all competitions.

## SERVING UP LUNCH WITH STYLE

The new building brought us a new lunchroom (The Commons), new tables (round ones) and a new lunch staff lead by April Browder and Michelle Payne.

Knowing lunch is the most popular "class" of the day, we polled the CCMS student body for their opinions and suggestions.

In general, the students described the new lunch program as "great", "delicious", "bigger" and "interesting". Hooray for cookies, brownies, and ice cream!

Two "regulars"-Bento and Soup-were rated on a one-to-ten scale, ten being awesome. Bento won with a resounding score.

Side dishes in order from the most popular were: tater tots, chips, salad, fruit bowl and pasta salad.

Suggestions for future lunches include breakfast foods, beef stroganoff, tacos, pulled pork sandwiches, chicken pot pie, French dip sandwiches, and Buffalo Wings. Suggestions for future side dishes were cheese fries, potato salad, apple sauce, soft pretzels with cheese, and strawberries.

Thank you, lunch ladies, for the way you've spoiled us this year!

By Colton Ewald